

BRO. LARRY'S SERMON NOTES

Title: Don't Worry

Text: Matthew 6:25-34

Introduction: For such a time as this, all of us worry about someone or something! H. Norman Wright, a licensed marriage, family, and child counselor, in his book *The Christian Use of Emotional Power* wrote, "Not all wars are fought between nations or individuals. Every person has the capacity of carrying on his own individual war with himself. This individual holocaust is called anxiety, for anxiety or worry is the state of being at war with one's self." (p49)

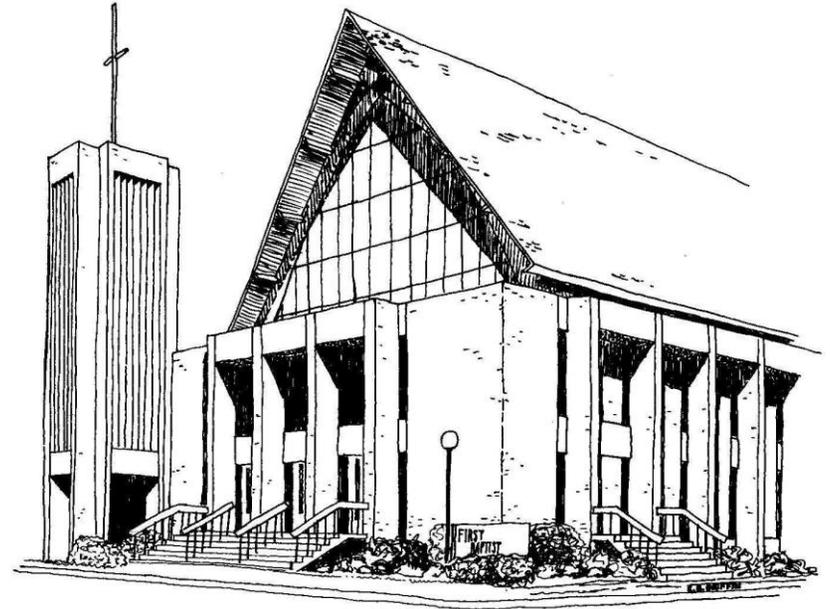
In the Sermon on the Mount (Matthew 5-7), Jesus spoke on the subject of worry. This was the greatest sermon of all history. Three times He said, "Do not worry" (Matthew 6:25, 31, 34) about the necessities of life. Jesus insisted that it is pagan people who make worry their aim in life, and He assured His listeners that their Heavenly Father was aware of their needs. Simply put, the Son of God was saying, "Do not become overly anxious."

Before we examine this passage on worry, let's remember what David Jeremiah said. He offers two simple disclaimers:

1. *Don't worry* does not mean *don't plan*. It's true that in Matthew 6:34 Jesus says, "Do not worry about tomorrow." The King James Version had it as "Take therefore no thought for the morrow," and many people seized on that as a prohibition against career ambition, financial planning, life insurance, or any number of things. But no one who takes the time to read the Gospels would say that Jesus has a problem with planning—He planned for His ministry after His death, resurrection, and ascension. He spent plenty of time preparing His disciples for Jerusalem and beyond. He also taught that we shouldn't break ground on that new high-rise until we've done the paperwork (Luke 14:28). To live without planning isn't pure spirituality; it's pure insanity.
2. *Don't worry* does not mean *don't be concerned*. There are those who quote Philippians 4:6 ("Be anxious for nothing") as an excuse for a careless lifestyle. "Don't worry, be happy." But that's not what we're talking about at all. If you don't worry about your children playing near traffic, you're a terrible parent. If you're not concerned about walking off the roof of a sky-scraper, you'll learn the meaning of that poster that said, "Gravity: It's not just a good idea. It's the law." There are things you need to be concerned about. There's a difference between carefree and careless. (*Slaying The Giants in your Life*, p. 56)

So, the subject of worry--what do we need to understand?

- I. The _____ of worry.
- II. The _____ of worry.
- III. The _____ of worry.



Sunday, March 29, 2020

First Baptist Church Oneonta, Alabama

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Larry Gipson, Pastor
Micah Head, Minister of Students
Gary Morgan, Worship Pastor
Dan Sims, Pastor Emeritus

Worship

MORNING SERVICE

10:15 A.M.

Welcome.....Micah Head

Songs of Praise and Worship

Come, Now is the Time to Worship
10,000 Reasons
In Times Like These

Call To PrayerLarry Gipson

Message in Song.....Wanda Gipson

Message.....Larry Gipson

For Such A Time As This
Do Not Worry, Matthew 6:25-34

Postlude.....Celebration Band

10,000 Reasons



WEDNESDAY NIGHT MEALS will be delivered to anyone that needs one. Please contact the church office by 12 noon on Monday if you are interested.

DAILY BIBLE READING

Scripture for the week of

March 29-April 4

Judges 1-18



FBC GOAL-\$10,000

RECEIVED TO DATE-\$2,818.50

Matthew 6:25-34

Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? ‘And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.